

# If closets could talk: from chaos to confidence

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I suggest that whatever system you use, make it simple. Be careful not to cram more than will fit into your closet, that's when you will start to get into trouble. Remember, your closet can set the mood in the morning and if it's chaos in the closet, it probably contributes to chaos in your mind (maybe that's just me).

Tip: Hang all clothes on matching hangers, it's a bonus if the hangers are thin.

Tip: Fold all of your drawer items like file folders so you can see what you have. We wear 20% of our clothes 80% of the time. Just try to unravel that fact. We also wear the clothes we can see (not the ones at the bottom of a drawer).

Tip: Install a stick-on light inside the closet, it's a game changer when you have enough light to see what you have!

Tip: Separate your navy and black clothes with white clothes in between. How the Heck Do I Keep it This Way?

Sorry to break it to you, but you have to maintain your closet. I recommend having a donation bag near or in your closet. Some clients turn their hangers to face the opposite direction after they have worn the garment so they know which pieces are worn the most. After six months, you can see the items that were never worn and you can donate them. You can also use the 1-In-1-Out rule to keep the closet from becoming overstuffed. Like any system, it will require adjustments from time to time. You can do this!

This could be the beginning of a brand new relationship with your closet. Watch out, your closet just might wink at you as you leave!

## Resources:

Consignment - [www.thredup.com](http://www.thredup.com), [www.therealreal.com](http://www.therealreal.com), [www.poshmark.com](http://www.poshmark.com), Facebook Marketplace, Nextdoor  
 Donation - [www.donationtown.org](http://www.donationtown.org), [www.freecycle.org](http://www.freecycle.org), [www.hospiceeastbay.org](http://www.hospiceeastbay.org) Recycling for Clothing - [www.retoldrecycling.com](http://www.retoldrecycling.com), [www.bluejeansgogreen.org](http://www.bluejeansgogreen.org)

Professional Organizer, Jennifer Raftis, CPO® founded Efficiency Matters, LLC to help you with all of your organizing needs for your home and business. She is a Certified Professional Organizer and an active board member with NAPO, National Association of Productivity and Organizing Professionals. She is also an independent representative for The Container Store and has expertise in designing closets, garages, pantries, playrooms and more. In addition, she is a Corporate Organizing and Productivity Consultant and has worked with Fortune 500 companies across the U.S. Another large part of her business is move management especially working with seniors who are downsizing. She and her husband have lived in Moraga for 30 years, raising 3 kids and working countless volunteer hours with many local non-profit organizations and schools. [Jennifer@efficiencymattersllc.com](mailto:Jennifer@efficiencymattersllc.com), 925-698-3756 [www.efficiencymattersllc.com](http://www.efficiencymattersllc.com)



Sold | Represented Buyer  
1140 Camino Vallecito, Lafayette | \$4,600,000



Sold | Represented Buyer  
16 Toledo Court, Lafayette | \$3,665,000



Sold | Represented Buyer  
1025 Hampton Road, Lafayette | \$2,210,000



**Terri Bates Walker**  
 C. 510.282.4420 | Cal RE #01330081  
[TerriBatesWalker@gmail.com](mailto:TerriBatesWalker@gmail.com)  
[TerriBatesWalker.com](http://TerriBatesWalker.com)

